

Bone Densitometry

DEXA Studies, or Bone Densitometry

If your doctor has ordered this study, the procedure will take about 20 minutes. This study measures the density of your bones to determine if you have osteoporosis. This will aid your physician in providing you with medication to help prevent bone injury in the future if you have osteoporosis. Once the study is finished, your physician will receive a report and will discuss the results with you.

The preparation for this examination is very simple and requires loose, comfortable clothing. If you take calcium, do not take your calcium the morning of the examination.